

Time Use in SWI

Session	Time	Task
Session 1, 1/18 - 1/25	3h 30m	Class meeting or meeting)
Session 1, 1/18 - 1/25	3h	Reading four Ma
Session 1, 1/18 - 1/25	2h	Reading Brown,
Session 1, 1/18 - 1/25	30m	Doing "vision" ex "looking into you
Session 1, 1/18 - 1/25	1h	Studying guide t
Session 1, 1/18 - 1/25	1h	Looking up articl about them in yc
Session 2, 1/25 - 2/1	3h 30m	Post in Discussio read online lectu
Session 2, 1/25 - 2/1	2h	Reading Brown,
Session 2, 1/25 - 2/1	30m	Assignment relat
Session 2, 1/25 - 2/1	30m	Assignment relat
Session 2, 1/25 - 2/1	45m	Grand Challenge
Session 2, 1/25 - 2/1	3h	Introduction to P
Session 2, 1/25 - 2/1	45m	Exercise in analy people
Session 2, 1/25 - 2/1	1h	Watch The Pow
Session 3, 2/1 - 2/8	3h 30m	Class meeting or
Session 3, 2/1 - 2/8	2h	Reading Brown,
Session 3, 2/1 - 2/8	2h	Read articles ab and demonstrati
Session 3, 2/1 - 2/8	1h	Assignment relat
Session 3, 2/1 - 2/8	1h	Assignment relat

Session 3, 2/1 - 2/8	1h 30m	Read about Cha find your own ch
Session 4, 2/8 - 2/15	3h 30m	Class meeting or
Session 4, 2/8 - 2/15	1h 30m	Reading Brown,
Session 4, 2/8 - 2/15	1h	Assignment relat
Session 4, 2/8 - 2/15	1h	Assignment relat
Session 4, 2/8 - 2/15	3h	Negotiation: Sha Academy (online
Session 4, 2/8 - 2/15	1h	Watch the YouTu
Session 4, 2/8 - 2/15	1h	Pick an organiza how it provides t macro practice
Session 5, 2/15 - 2/22	3h 30m	Class meeting or
Session 5, 2/15 - 2/22	1h 30m	Reading Brown,
Session 5, 2/15 - 2/22	3h	Nonviolent action
Session 5, 2/15 - 2/22	2h	Watch feature fil
Session 5, 2/15 - 2/22	30m	Assignment relat
Session	Time	Task
Session 5, 2/15 - 2/22	1h	Assignment relat
Session 5, 2/15 - 2/22	30m	Assignment relat enemy
Session 6, 2/22 - 3/1	3h 30m	Class meeting or
Session 6, 2/22 - 3/1	2h 30m	Reading Brown,
Session 6, 2/22 - 3/1	30m	Assignment relat
Session 6, 2/22 - 3/1	30m	Assignment relat
Session 6, 2/22 - 3/1	3h	Do your first elec
Session 6, 2/22 - 3/1	2h	Assignment relat
Session 7, 3/1 - 3/8	2h 36m	Class meeting or

Session 7, 3/1 - 3/8	2h 15m	Reading Brown,
Session 7, 3/1 - 3/8	15m	Assignment relat
Session 7, 3/1 - 3/8	1h	Assignment relat
Session 7, 3/1 - 3/8	3h	Do your second
Session 7, 3/1 - 3/8	30m	Grand Challenge
Session 7, 3/1 - 3/8	1h 54m	Watch Dudley St watch the videos
Session 7, 3/1 - 3/8	30m	Assignment relat
Session 8, 3/8 - 3/22	3h 30m	Class meeting or
Session 8, 3/8 - 3/22	3h	Watch Documen
Session 8, 3/8 - 3/22	1h	Assignment relat
Session 8, 3/8 - 3/22	2h	Assignment relat
Session 8, 3/8 - 3/22	1h 30m	Grand Challenge
Session 8, 3/8 - 3/22	1h	Assignment relat
Session 9, 3/22 - 3/29	3h 30m	Post in Discussio read online lectu
Session 9, 3/22 - 3/29	2h	Reading Brown,
Session 9, 3/22 - 3/29	3h	Assignment relat
Session 9, 3/22 - 3/29	1h	Assignment relat
Session 9, 3/22 - 3/29	1h	Grand Challenge
Session 9, 3/22 - 3/29	30m	Assignment relat
Session 10, 3/29 - 4/5	3h 30m	Class meeting or
Session 10, 3/29 - 4/5	1h 30m	Reading Brown,
Session 10, 3/29 - 4/5	1h 30m	Assignment relat
Session 10, 3/29 - 4/5	30m	Assignment relat
Session	Time	Task

Session 10, 3/29 - 4/5	1h	Assignment relat
Session 10, 3/29 - 4/5	1h	Grand Challenge
Session 10, 3/29 - 4/5	2h	Assignment relat sample letter
Session 11, 4/5 - 4/12	3h 30m	Class meeting or
Session 11, 4/5 - 4/12	2h	Reading Obama.
Session 11, 4/5 - 4/12	1h	Assignment relat
Session 11, 4/5 - 4/12	30m	Assignment relat
Session 11, 4/5 - 4/12	2h 15m	Grand Challenge
Session 11, 4/5 - 4/12	33m	Prepare a preser
Session 11, 4/5 - 4/12	1h 42m	Watch Salt of the
Session 12, 4/12 - 4/19	3h 30m	Class meeting or
Session 12, 4/12 - 4/19	2h 40m	Reading Obama.
Session 12, 4/12 - 4/19	1h	Assignment relat
Session 12, 4/12 - 4/19	1h 5m	Assignment relat
Session 12, 4/12 - 4/19	3h	Grand Challenge
Session 13, 4/19 - 4/26	3h 30m	Class meeting or
Session 13, 4/19 - 4/26	1h	Prepare a preser
Session 13, 4/19 - 4/26	1h	Assignment relat
Session 13, 4/19 - 4/26	1h 35m	Assignment relat
Session 13, 4/19 - 4/26	2h 30m	Grand Challenge
Session 14, 4/26 - 5/3	3h 30m	Class meeting or meeting)
Session 14, 4/26 - 5/3	30m	Complete and su
Session 14, 4/26 - 5/3	2h 15m	Assignment relat

Session 14, 4/26 - 5/3	1h 25m	Assignment relat send it
Session 14, 4/26 - 5/3	4h	Revise grand cha
Session 15, 5/3 - 5/10	3h 30m	Class meeting of meeting)
Session 15, 5/3 - 5/10	1h 30m	Complete and su
Session 15, 5/3 - 5/10	2h	Write review of w
Session 15, 5/3 - 5/10		
Session 15, 5/3 - 5/10		
Finals Week, 5/10 - 5/13	1h	Post in Discussio read online lectu
Session	Time	Task
Total Hours of the semester (168 hours is expected, 7d, 0h 0m)		
Total time reading Brown		Read "Building F
Total time reading Obama		Read chapters 7
Total time watching videos and movies		We watch "The I session 2; YouTu about activism a in session 7; a se about three hour
Total time taking USIP Academy courses		Everyone will tak <i>Peacebuilding; A Action</i>), and ther assume you will micro classes in and analysis of y to write more)

Total time on experiential learning assignment 1		You must organize (via social media) in person during the get-together, address a common concern and then direct the group on how everyone feels about it. Then, you must write a reflection.
Total time on experiential learning assignment 2		You must identify a person you personally know, interview them about what they value, and write a reflection.
Total time on experiential learning assignment 3		You must join a group, attend the meetings of that group, and write a reflection about the group.
Total time on experiential learning assignment 4		You must find someone who works with you strongly, interview them about their values and interests, and you are united in a common goal. You must plan for how you will work together, where you have a meeting, and describe the process and your experience in this.
Total time on experiential learning assignment 5		You must investigate a social issue, participate in a discussion, and must describe your findings, some other written work, and share that as well.
Total time working on Grand Challenges Paper and a presentation of your work on Grand Challenges Paper		You must write a paper on an accomplishment in Social Work.
Session	Time	Task
Time in Zoom sessions and discussion boards		You should spend time in Zoom sessions, discussion board posts, and there isn't really a task.

Various other assignments		Special reading : and perhaps some don't count towards time), scattered time about macro practice learning journal, or post after you
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Sets

Session	Duration
	59m
	29m
	1h 26m
1	2h 54m
	58m
	58m
	58m
2	2h 54m
	57m
	28m
	1h 30m
3	2h 55m
	34m
	46m

	1h 39m
4	2h 59m
	1h 6m
	57m
	58m
5	3h 1m
	59m
	31m
	1h 31m
6	3h 1m
	1h 28m
	1h 33m
7	3h 1m
	56m
Session	Duration
	27m
	1h 38m
8	3h 1m
	1h 20m
	1h 41m
9	3h 1m

	1h 10m
	1h 51m
10	3h 1m
	1h 56m
	1h 5m
11	3h 1m
	1h 27m
	1h 35m
12	3h 2m
	1h 1m
	1h
	1h 1m
13	3h 2m
	55m
	29m
	1h 38m
14	3h 2m
	1h 28m
	1h 34m
15	3h 2m
	55m

	57m
	1h 13m
16	3h 5m
Session	Duration
	1h 11m
	29m
	1h 25m
17	3h 5m
	54m
	48m
	1h 24m
18	3h 6m
	1h 51m
	25m
	51m
19	3h 7m
	1h
	57m
	1h 10m
20	3h 7m
	1h 25m

	1h 23m
	24m
21	3h 12m

K-433 Macro Practice

	Total for the session	
on Zoom and Canvas Discussion Boards (no classroom		
artin Luther King Jr. Speeches		
pp.1-43		
exercise and “finding the stories that guide you” exercise and myself” exercise from the Brown text		
o class and syllabus and web page for session 1		
les about macro practice, reading those articles, and writing our learning journal.	11h	
on Boards online in Canvas, asynchronous class, watch or res		
pp. 43-69		
ted to 2nd experiential learning, create list of influentials		
ted to 3rd experiential learning, pick a group		
es Paper, study topics and pick one.		
Peacebuilding micro-course at the USIP Academy (online)		
sis of images and consideration of how imagery can influence		
erbroker: Whitney Young’s Fight for Civil Rights	12h	
on Zoom/classroom and Canvas Discussion Boards		
pp. 70-121		
out protesting and figure out if / how / when / why protests ons work		
ted to 2nd experiential learning, draft e-mail		
ted to 3rd experiential learning, join a group		

Character strengths and take the Character strengths survey to assess character strengths	11h	
on Zoom/classroom and Canvas Discussion Boards		
pp.123-145		
ded to 2nd experiential learning, first contact and write		
ded to 3rd experiential learning, participate a group		
Developing the Conflict Landscape micro-course at the USIP Academy (online)		
Watch videos about Saul Alinsky		
Find a video or website that is related to macro practice and study how useful services or information to social workers engaged in	12h	
on Zoom/classroom and Canvas Discussion Boards		
pp.146-186		
on micro-course at the USIP Academy (online)		
Form related to Community Organizing		
ded to 2nd experiential learning, second contact and write		
	Total for the session	
ded to 3rd experiential learning, think and write about group		
ded to 4th experiential learning, find a political adversary or	12h	
on Zoom/classroom and Canvas Discussion Boards		
pp.187-242		
ded to 1st experiential learning, plan and invite		
ded to 2nd experiential learning, third contact and write		
Active micro-course at the USIP Academy (online)		
ded to 3rd experiential learning, participate a group	12h	
on Zoom/classroom and Canvas Discussion Boards		

pp. 243-301		
ted to 1st experiential learning, plan and invite		
ted to 2nd experiential learning, reflect and write		
elective micro-course at the USIP Academy (online)		
es Paper, study your topic		
street documentary Gaining Ground: Building Community and s about Ed Markey and the lecture by Barry Oshry.		
ted to 4th experiential learning, background research	12h	
n Zoom/classroom and Canvas Discussion Boards		
itaries related to Community Organizing		
ted to 1st experiential learning, plan and invite		
ted to 3rd experiential learning, participate a group		
es Paper, Research topic		
ted to 4th experiential learning, background research	12h	
on Boards online in Canvas, asynchronous class, watch or res		
pp. 302-345		
ted to 1st experiential learning (prepare and hold event)		
ted to 3rd experiential learning, participate a group		
es Paper, Research topic		
ted to 4th experiential learning, write proposal draft	11h	
n Zoom/classroom and Canvas Discussion Boards		
pp. 347-384		
ted to 1st experiential learning (writing about experience)		
ted to 5th experiential learning, research a human rights issue		
	Total for the session	

ted to 3rd experiential learning, participate a group		
es Paper, Research topic		
ted to 4th experiential learning, write final proposal with	11h	
n Zoom/classroom and Canvas Discussion Boards		
, pp. 133-206		
ted to 3rd experiential learning, think and write about group		
ted to 5th experiential learning, research a human rights issue		
es Paper, Research topic and write first draft		
ntation on Grand Challenges Paper		
e Earth	11h 30m	
n Zoom/classroom and Canvas Discussion Boards		
, pp. 223-295		
ted to 3rd experiential learning, participate a group		
ted to 5th experiential learning, research a human rights issue		
es Paper, Finish first draft and share with classmate	11h 15m	
n Zoom/classroom and Canvas Discussion Boards		
ntation on Grand Challenges Paper		
ted to 3rd experiential learning, participate a group		
ted to 5th experiential learning, draft an advocacy letter		
es Paper, read classmate's draft and offer revisions	9h 35m	
n Zoom and Canvas Discussion Boards (no classroom		
ubmit the Learning Journal		
ted to 3rd experiential learning, think and write about group		

ted to 5th experiential learning, finish advocacy letter and		
allenges paper based on feedback from classmate	11h 40m	
n Zoom and Canvas Discussion Boards (no classroom		
submit the Grand Challenges Paper		
what you learned in this course		
	7h	
on Boards online in Canvas, asynchronous class, watch or res		
	Total for the session	
	1h	
	168h	
Powerful Community Organizations” by Michael Jacoby Brown	15h 15m	
-10 and 12-14 in <i>Dreams from My Father</i>	4h 40m	
Powerbroker: Whitney Young’s Fight for Civil Rights ” in ibe videos about Saul Alinsky in session 4; a feature film nd leadership in session 5; “ Dudley Street: Gaining Ground ” et of two, three, or four documentaries with a total length of s in session 8; and “ Salt of the Earth ” in session 11.	10h 36m	
ce the same three micro classes (<i>Introduction to legotiation: Shaping the Conflict Landscape</i> ; and <i>Nonviolent n everyone must take two additional classes (micro classes, I choose). You must write briefly about your experiences in the your learning journal, but this can be a cursory description our experience, about 300 words per course (unless you want</i>	15h	

<p>ze some sort of gathering or meeting (can be virtual with which two or three persons are not people you know well, and together you need to lead the discussion toward a topic of n; something that everyone is worried about or bothered by, he conversation toward an understand of the problem and ces it and what might be done about it. write about the experience and the conversation.</p>	6h 15m	
<p>y three of the most powerful or influential persons you ; you must ask each of them a few questions; you must write told you and what you learned from this exercise.</p>	4h 30m	
<p>group or become more involved in a group; you must attend the group; you must do work for that group. You must write and your experiences working with the group</p>	14h 45m	
<p>meone is politically your opposite: you think they disagree / and would oppose you (or you would oppose them) on most it investigate that person's background and learn about their ests and activities, and find some topic or subject where they ed in your opinions and interests. Then, you must create a i would work with that person to join together on that issue common values and interests. Write up your plan and cess of investigating that person, and discuss your s assignment</p>	4h 30m	
<p>gate some issue in the realm of human rights, and find a way advocating for human rights on that one issue or case. You our advocacy in writing, and if you wrote a letter/email or en product as part of your human rights advocacy, you must ll.</p>	4h 35m	
<p>i paper about how we could make a significant : in the effort to accomplish one of the Grand Challenges of</p>	19h 33m	
	Total for the session	
<p>id about 3.5 hours each week "in class" by posting in the d, reading discussion board posts, replying to discussion d participating when we have online Zoom class sessions. As a spring break, we may have a minimal class on May 4th.</p>	53h	

assignments, little projects related to discussion questions, the little quizzes that you take just for participation (scores don't count towards your grade, so long as you get 1-out-of-6 items right each throughout the semester. This includes reading and writing practice on your own in the learning journal, submitting the journal and a self-evaluation you can include in your learning journal. You must have submitted your learning journal.	13h	
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list of films to watch during Documentary week

Film
Spiral Bound: Student Education Activists (only available on kanopy) 59 minutes.
Standing With the Women of Iraq https://uis.kanopy.com/video/standing-women-iraq Episode 2 of Shocking and Awful. (2005) 29 minutes
Brother Outsider: The Life of Freedom Fighter Bayard Rustin https://uis.kanopy.com/video/brother-outsider 86 minutes
Wave Goodbye Dinosaurs https://uis.kanopy.com/video/wave-goodbye-dinosaurs Episode 1 of Women, War & Peace II (2019) 58 minutes
Eyes on the Prize volume 1 episode 1 Awakenings 1954-1956 (available on kanopy) 58 minutes and in the Brookens Library (DVD).
Eyes on the Prize volume 1 episode 2 Fighting Back 1957-1962 (available on kanopy) 58 minutes and in the Brookens Library (DVD).
Step by Step Building a Feminist Movement https://uis.kanopy.com/video/step-step-building-feminist-movement 57 minutes
The Mississippi Voter Registration Drive: Freedom Bound (1963) 28 minutes.
On a Knife Edge https://uis.kanopy.com/video/knife-edge A Lakota Teenager Fights for Social Justice. (2017) 90 minutes
Julian Bond - Reflections from the Frontlines of the Civil Rights Movement (only available on kanopy) 34 minutes.
Investigation of a Flame- The Activism of the Catonsville Nine https://uis.kanopy.com/video/investigation-flame 46 minutes.

Fierce Light: When Spirit Meets Action Spiritual Activism. https://uis.kanopy.com/video/fierce-light-when-spirit-meets-action . 99 minutes.
Badass Beauty Queen: Fighting for Human Rights in China. https://uis.kanopy.com/video/badass-beauty-queen 66 minutes
Alice's Ordinary People The Chicago Freedom Movement. https://uis.kanopy.com/video/alices-ordinary-people . 57 minutes. and in the Brookens Library (DVD): Video Collection- Level 2- E185.93.I2 A45 2012
The March (available on kanopy) 58 minutes and in the Brookens Library (DVD): Video Collection- Level 2- E185.61 .M324 2013
A Crushing Love Chicanas, Motherhood and Activism https://uis.kanopy.com/video/crushing-love . 59 minutes
Women's March: Women Protesting for Democracy and Human Rights (only available on kanopy) 31 minutes.
American Commune: America's Largest Socialist Experiment (only available on kanopy) 91 minutes.
A River Below The Ethics of Activism in the Modern Media Age. https://uis.kanopy.com/video/river-below . 88 minutes.
Voices from the Front - AIDS Activism. https://uis.kanopy.com/video/voices-front-0 . 93 minutes
The Old Man and the Storm (available from Frontline on PBS) 60 minutes and in the Brookens Library (DVD): Video Collection- Level 2- HV636 2005.L8 O43 2009
Film
Joanna Macy and the Great Turning https://uis.kanopy.com/video/joanna-macy-and-great-turning . 27 minutes
Land of Opportunity. 98 minutes. https://uis.kanopy.com/video/land-opportunity
#ReGENERATION (only available on kanopy) 80 minutes.
Every Three Seconds Choosing Action Over Apathy. https://uis.kanopy.com/video/every-three-seconds . 101 minutes

<p>This Is What Democracy Looks Like https://uis.kanopy.com/video/what-democracy-looks. A gripping document of what really happened on Seattle's streets. (2002) 70 minutes</p>
<p>How To Change The World The Story of Greenpeace. https://uis.kanopy.com/video/how-change-world-1. 111 minutes</p>
<p>Freedom Summer (available on kanopy) 116 minutes and in the Brookens Library (DVD): Video Collection- Level 2- E185.93.M6 F7443 2014</p>
<p>Passionate Politics: the life and work of Charlotte Bunch (available on kanopy) 65 minutes and in the Brookens Library (DVD): Video Collection- Level 2- HQ1413.B86 P37 2011 pt.1 and pt.2</p>
<p>After Stonewall (available on kanopy) 87 minutes and in the Brookens Library (DVD): Video Collection- Level 2- HQ76.8.U5 A384 2005</p>
<p>The Fall of Occupy LA https://uis.kanopy.com/video/fall-occupy-la (2015) 95 minutes</p>
<p>WAR / PEACE Lessons in Activism from the Weather Underground. https://uis.kanopy.com/video/war-peace. 61 minutes.</p>
<p>Miles of Smiles, Years of Struggle (available on kanopy) 60 minutes and in the Brookens Library (DVD): Video Collection- Level 2- HD6515.R36 M544 1983</p>
<p>Standing on my Sisters' Shoulders (available on kanopy) 61 minutes and in the Brookens Library (DVD): Video Collection- Level 2- E185.86 .S73 2002</p>
<p>Ida B. Wells (available on kanopy) 55 minutes and in the Brookens Library (DVD): Video Collection- Level 2- E185.61 .M324 2013</p>
<p>Resistance at Home American's Opposing the War in Iraq. https://uis.kanopy.com/video/resistance-home Episode 11 of Shocking and Awful. (2005) 29 minutes</p>
<p>American Socialist: The Life and Times of Eugene Victor Debs (only available on kanopy) 98 minutes.</p>
<p>A Philip Randolph: For Jobs and Freedom (available on kanopy) 88 minutes and in the Brookens Library (DVD): Video Collection- Level 2- HD6509.R2 A65 1996</p>
<p>Battle for Brooklyn: Fighting to Save a New York Community (only available on kanopy) 94 minutes.</p>
<p>Feminism Inshallah A History of Arab Feminism. https://uis.kanopy.com/video/feminism-inshallah 55 minutes.</p>

Wisconsin Rising - The Workers' Resistance Movement Sam Mayfield. https://uis.kanopy.com/video/wisconsin-rising . 57 minutes.
Blueberry Soup. The Icelandic "People's Movement" https://uis.kanopy.com/video/blueberry-soup 73 minutes.
Film
The Shape of Water (available on kanopy) 71 minutes and in the Brookens Library (DVD): Video Collection- Level 2- HQ1236 .S44 2006
The Art of Resistance Art in Response to War https://uis.kanopy.com/video/art-resistance Episode 4 of Shocking and Awful (2005) 29 minutes
Show Me Democracy: Student Activism Amidst the Uprising in Ferguson (only available on kanopy) 85 minutes.
Frontline: Documenting Hate - Charlottesville. https://uis.kanopy.com/video/frontline-documenting-hate-charlottesville . Also https://www.pbs.org/wgbh/frontline/film/documenting-hate-charlottesville/ . 54 minutes
Union Maids: Women Activists Share their Experiences (available on kanopy) 48 minutes and in the Brookens Library (DVD)
ACORN and the Firestorm An Anti-Poverty Organization Fighting for the Voiceless. https://uis.kanopy.com/video/acorn-and-firestorm 84 minutes.
Everyday Rebellion https://uis.kanopy.com/video/everyday-rebellion-0 . Modern Forms of Non-Violent Protest. (2013) 111 minutes
Beyond Recognition https://uis.kanopy.com/video/beyond-recognition Women Preserving Native Culture (2014) 25 minutes
Puzzles: When Hate Came to Town https://uis.kanopy.com/video/puzzles-when-hate-came-town (2014) 51 minutes
The Campaign (2013) 60 minutes. https://uis.kanopy.com/video/campaign
Who Cares About Kelsey? https://uis.kanopy.com/video/who-cares-about-kelsey-2 Video 1 of playlist "Who Cares About Kelsey? - Helping Students with Emotional and Behavioral Challenges Succeed". (2013) 57 minutes
Union Time: Fighting for Worker's Rights. (2019) 70 minutes https://uis.kanopy.com/video/union-time
Defiant Lives https://uis.kanopy.com/video/defiant-lives The Rise Of The Disability Rights Movement (2017) 85 minutes

How to Start a Revolution (2012) 83 minutes <https://uis.kanopy.com/video/how-start-revolution>

Activists <https://uis.kanopy.com/video/activists-martin-luther-king-jr-nelson-mandela-mahatma-gandhi-aung-san-suu-kyi-che-guevara>.

Part of the Series: Advocates of Change (2011) 24 minutes

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Total for the session	
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Total for the session	

